

Weatherly Wellness Council Meeting Minutes  
Thursday March 21, 2024  
8:05am LGI Room

**Present:** Donna Thomas, Georgeann Herling, Theresa D'Andrea & Georgia Farrow (ALA & community members), and Becky McFadden, Tracy Blackwell, (WASD School Nurse) Mr. Malloy (Superintendent), Ryan Kately (faculty), Jeanine Snyder (Food Service Director)

**Policy Implementation:**

- Wellness Policy Audit 2024 - Audit was completed 3/12/24. Jeanine reports that the audit went very well. WASD met all standards for nutrition analysis for calories, sodium, fat, sugar, whole grain and fiber on all menu and ala carte items offered in the cafeteria. The Wellness Council was commended for the active involvement in student wellness and thorough and detailed record keeping of all activities. The audit identified that the WASD nondiscrimination policy needs to be updated. The State auditors complimented how clean the school and grounds were and how organized and friendly the staff and administration was to work with.
- Jeanine and Mr. Malloy answered questions from the group regarding free meals (breakfast and lunch) for all students. Both explained the policy and qualifications depending on the percentage of poverty level and if the program would be a burden to the taxpayers. Mr. Malloy explained, "just because a district qualifies, does not mean it is cost effective for the district to participate".

**Counseling and "Too Good for Drugs" Curriculum Education** - This curriculum, provided by Alyssa Schlier from Carbon County Drug and Alcohol Commission, continues for 4th grade students. Alyssa also provides Vaping Education to students who have had a vaping violation in school.

**Vision Program with St. Luke's and Dr. Houser/Neumann** - Becky reports that 1 MS student received an eye exam and free glasses. 2 high school seniors are in the process of completing the necessary paperwork to take advantage of the program.

**Dental Van** - 2/1/24 Dental exams were completed for students who utilize the Dental Van for their regular dental care. Mandated dental screenings will be completed 4/16/24.

**Health Careers Club 4/30/24** - St. Luke's Outreach Program will provide a job shadowing day for health career students. The Miner's Campus will host students with 8 health related entities for students to experience. Becky is also working on finalizing a presentation for the club from a Music Therapist.

Georgeann Herling recognized Kendall Gerhart WHS senior who was awarded the ALA Past Presidents Medical Scholarship in the amount of \$500. Kendall, a health careers club member, will be attending Misericordia University in the fall to study nursing.

### **Plans for 2023-3024**

- **Kick Butts Day/Take Down Tobacco Day 4/2/24** - The HS TATU students will educate 5th graders. St. Luke's has a new curriculum called "Catch my Breath" which will be used by TATU students for fresh ideas.
- **Dental Education 4/9/24** - This FREE education for PreK to 2nd grade students has been scheduled with the LVHN Weller Center.
- **ACES Day 5/1/24** - Joe Stanavage, a fitness physiologist with LVHN, has agreed to lead this activity in May.
- **Pop Out Day 5/8/24** - The group agreed to purchase water again from Nutrition Incorporated. Georgia Farrow will visit the Carbon County Commissioners meeting on May 2nd to discuss the initiative promoting the drinking of a healthier beverage on Pop-Out Day.
- **Earth Day Activity/World No Tobacco Day May/June 2024** - TBD
- **Carbon County Advisory Council Meeting 4/15/24** - The next meeting, coordinated by St. Luke's and C, M, P D and A, will be held on 4/15/24. The coordinators are looking for a host site, so Becky offered to host at WASD. The WASD TATU students will be attending.

### **Miscellaneous:**

- Georgia Farrow introduced a new idea to the group: a Birthday Box/Celebration Box which would contain a sugar free cake mix, can of sprite, icing, candles, sprinkles and disposable cake pan. ALA in collaboration with Jeanine Snyder, would sponsor boxes for children in need of a cake to celebrate a happy occasion. Ideas are in the early stages of planning.

**\*\*\*\*\*NEXT MEETING APRIL 18, 2024**